

More than you expect.

TORONTO PEOPLE WITH AIDS FOUNDATION
ANNUAL REPORT 2005/2006



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Charitable Registration #: 13111 3151 RR0001

services.
community
diversity
dignity
rejuvenation

2005/2006

36,400 meals were provided for people living with HIV/AIDS who were unable to shop and prepare their own meals

Speakers Bureau Volunteers shared their experience of living with HIV at 226 venues

76% of Treatment Access clients successfully obtained long-term drug coverage

Statement of Operations for the year ended March 31

	2006	2005
Revenue		
Grants	747,409	922,315
Fundraising and donations - bike rally	666,631	597,311
Fundraising and donations - general	358,628	333,706
Financial assistance contributions	138,682	81,551
Interest	13,331	10,408
Administrative fees, honoraria and other	<u>7,659</u>	<u>21,302</u>
Total Revenue	1,932,340	1,966,593
Expenses		
Client Services		
Food For Life meal program	218,545	237,580
Benefits and assistance case management	209,505	245,169
Long-term care Health Promotion	126,325	115,615
Volunteer services	79,602	97,467
Education - Speakers' Bureau	68,832	108,627
Food Programs	53,415	72,888
Treatment access resources	40,368	80,007
Treatment resources	34,295	
General	9,077	
Co-ordination of services for Women Africa/Caribbean	<u>45,071</u>	
	839,964	1,002,424
Financial assistance		
Medical disability	122,386	99,669
Supplementary therapies fund	63,299	47,961
Medical assistance	52,138	50,295
Trillium co-payment	45,687	42,712
Family Christmas gift certificates	10,500	10,000
Positive children	5,200	3,800
Program materials and supplies	136	1,166
	<u>299,346</u>	<u>255,603</u>
Total Program expenses	1,139,310	1,258,027
General		
Fundraising - bike rally	316,557	278,861
Administration	206,044	102,207
Fundraising	178,620	106,232
Communications	86,040	103,581
Expenses funded by one time grants	15,533	71,980
Strategic alliance		<u>33,070</u>
	<u>802,794</u>	<u>695,931</u>
Total expenses	1,942,104	1,953,958
Excess (deficiency) of revenue over expenses	(9,764)	12,635

Statement of Changes in Net Assets for the year ended March 31

	2006			2005	
	Invested in Property and Equipment	Internally Restricted for Organizational	Unrestricted	Total	Total
Net Assets, beginning of year	53,719	204,000	36,963	294,682	282,047
Excess (deficiency) of revenue over expenses	(27,178)		17,414	(9,764)	12,635
Invested in property and equipment	<u>75,492</u>		<u>(75,492)</u>		
Net Assets, end of year	102,033	204,000	(21,115)	284,918	294,682

rejuvenation

Auditors' Report

To the Members of Toronto People with AIDS Foundation

the only constant is change

David Church, President, Board of Directors

We have audited the balance sheet of Toronto People with AIDS Foundation (the "Foundation") as at March 31, 2006 and the statements of operations, changes in net assets and cash flows for the year then ended. These financial statements are the responsibility of the Foundation's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Foundation and we were unable to determine whether any adjustments for unrecorded revenue might be necessary to fundraising and donations revenue, excess (deficiency) of revenue over expenses and net assets.

Except as explained in the following paragraph, we conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In our opinion, except for the effect of any adjustments which might have been required had we been able to satisfy ourselves with respect to the completeness of fundraising and donation revenue referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the Foundation as at March 31, 2006 and the results of its operations and its cash flows for the year then ended in accordance with Canadian generally accepted accounting principles.

In common with many not-for-profit organizations, the Foundation derives revenue from fundraising and donations, the completeness of which is not susceptible to satisfactory audit verification.

PKF Hill LLP
June 7, 2006

Balance Sheet as at March 31

	2006	2005
ASSETS		
Cash	71,796	107,611
Marketable securities	377,317	270,242
Accounts receivable	6,208	64,972
Prepaid expenses	<u>36,050</u>	<u>62,100</u>
	491,371	504,925
Property and equipment	<u>102,033</u>	<u>53,719</u>
	<u>593,404</u>	<u>558,644</u>
LIABILITIES AND NET ASSETS		
Accounts payable and accrued liabilities	110,547	85,656
Deferred contributions	<u>197,939</u>	<u>178,306</u>
	308,486	263,962
Net Assets		
Invested in property and equipment	102,033	53,719
Internally restricted for organizational development	204,000	204,000
Unrestricted	<u>(21,115)</u>	<u>36,963</u>
	<u>284,918</u>	<u>294,682</u>
	<u>593,404</u>	<u>558,644</u>

On the same evening that I had planned to write this contribution to our Annual Report, I was introduced to someone who had served on the Board of the Toronto People With AIDS Foundation nearly two decades ago. He described some of the challenges in those early chaotic days, when the Foundation operated out of donated office space, had an annual budget of just \$15,000 and had no paid staff, just a group of community members. They were inspired by the desperate need to do something—anything—to help people with HIV/AIDS continue living independently and with dignity.

have prolonged the lives of many PWAs, simply surviving and functioning is a daily challenge for too many of our clients. Financial restraints continue to restrict our ability to fully meet the needs of our clients or to introduce new programs and expanded services which would benefit their lives. 25 years after the disease was identified, there remains a social stigma surrounding HIV/AIDS, which still fosters some discrimination and apathy among the general public.

So much has changed since then. We are staffed with committed employees, who are knowledgeable and competent in their individual duties and responsibilities. We have computers and sophisticated management and reporting systems unimaginable back in 1987. A Development department focuses on obtaining grants, donations, fundraising, and managing successful special events such as the Friends for Life Bike Rally and Pie in the Sky. Our annual budget has grown to \$2,000,000. We have responded to the changing needs of our clients over the years, and to the broad diversity of the clients we now serve. We now provide a wide range of programs and services to thousands of people each year, making us the largest direct support service agency for people living with HIV/AIDS in Canada. Our involvement with the AIDS 2006 Conference in August 2006 attests to our leadership role among AIDS related organizations. And yet so little has changed. Despite medical advances which

An old cliché states that the only constant is change, and the evolution of the Foundation certainly confirms that. Over the past year alone, we have seen several long-time and superb employees depart for new personal opportunities, hired staff, and welcomed four new Board members.

But despite all the changes, I believe that there are, and will always be, some essential constants to the Foundation. We are truly fortunate to have hundreds of committed volunteers donate their valuable time and energy to assist us in the critical work we do. Hundreds more participate in events such as the Bike Rally, raising a large portion of the funds we depend on to provide our programs and services. Government funders, corporation supporters and sponsors, foundations, community partners and individual donors see the need, and support our work.

On behalf of the Board and our clients, thank you for your continued support.

Dignity

More than you expect.

Murray Jose, Executive Director

Making a positive difference is always going to be the phrase or tag line that is most meaningful to the Toronto People With AIDS Foundation and all that we do. However, occasionally, we create supplemental communication campaigns for specific reasons. During the 2005-2006 program/fiscal year, we introduced the "More than you expect" campaign with explanations of how the agency was more than you expect in the areas of **rejuvenation, community, diversity, services and dignity**. This campaign was created because we recognized that in the previous 2 years community awareness of the agency and what we do had declined. Public awareness of the agency can impact client referrals, volunteer recruitment, community involvement and donor support — all of which are essential for us to provide effective programs and services.

Throughout the year, **rejuvenation** occurred internally in significant ways that strengthened our capacity. We significantly increased our volunteer training and appreciation activities recognizing that volunteers play a critical role in the work that we do. Providing effective training and development opportunities to our over 200 volunteers helped to ensure that they had the skills they needed to assist in program delivery. Obviously, we also feel it's important to make sure they know how much we appreciated the support they provided.

Enhanced **services** last year included the health promotion programs with the addition of a fourth massage school and new Reiki practitioners. We reviewed and finalized a plan for our treatment programs and the opportunity that CATIE had identified for us to reenergize our focus on treatment resources and face to face consultations. The HIV Medication Treatment Access Program

expanded with the capacity to promote the service outside the GTA. We also worked hard to improve the physical space where we serve clients. A grant was received to renovate some of the office space to make the reception area and activity centre brighter, more inviting and functional. In addition, the renovations allowed us to create 2 designated treatment rooms for our health promotion programs.

Community partnerships also increased with the Toronto Community Planning Initiative providing impetus for creating a more effective regional response to HIV/AIDS. Specific partnerships included initial discussions as a pilot site for a standardized database system being created by the Ontario HIV Treatment Network. We participated and continue to work on a community wellness project sponsored by ACT which will be looking at current wellness programs in Toronto offered to people living with HIV/AIDS and how we might strengthen and build on them. We also began reviewing possibilities for creating simplified intake processes for clients that access services with both PWA and ACT. Partnerships with Asian Community AIDS Services and 2-Spirited People of the 1st Nations allowed us to increase the **diversity** of experiences shared through the Speakers' Bureau.

As we look back on the 2005-2006 year, it's clear that by offering practical support services to people living with HIV/AIDS, the Toronto People With AIDS Foundation continued to support people's efforts to live well and with **dignity**. The agency was not only more than you expect but was also making a positive difference for our clients.

thank you for your support

Pet Value (Carlton Street)
Pfizer Canada Inc.
Pizza Pizza
Premiere Magazine
Procor Limited
RBC Financial Group
Reim Custom Paints
Rotary Club of Toronto Forest Hill
Royal Canadian Legion BR78
Rubbermaid
S & S Productions Inc.
Smith Nixon & Co LLP
Spa Excess
Spearhead L.D.S.C. Inc.
Starbucks (Front Street)
Small Wonders Pet Emporium
Standard Telecom Brokers Ltd.
The Farm Inc.
The Village Pharmacy
TICOT Social Society
Timex Canada Inc.
Timothy's
Tondif Investors Inc.
Tridel Condominium Corporation
Tyco Electronics Canada Limited
United Way of Greater Toronto
Wenger's Limited
Woody's / Sailor
Woody's on Church

Program Partnerships

2 Spirited People of the 1st Nations
519 Church Street Community Centre
AIDS Committee of Toronto
Alliance for South Asian Prevention
Amherst Veterinary Hospital
Banks Animal Hospital
Beaches Animal Hospital
Bloor Animal Hospital
Canadian College of Naturopathic Medicine
Casey House
CDI College
Coxwell Animal Clinic
Daily Bread Food Bank
Danforth Vet Clinic
Elmcrest College
Fife House
Kikkawa College

Mid Toronto Community Services
Second Harvest
Sherbourne Health Centre
Southerland-Chan

Community Partners

Canadian Gay Open
Canadian Union of Public Employees
Crews – Tango
Community Partners Fund, AIDS Committee of Toronto
CUPE Local 3358
Gallery Fontaine
Home + Style studio tour & sale
International Brotherhood of Electrical Workers
LU 353
Marshall McLuhan CSS
Mr. Leatherman Toronto Competition Inc.
Planned Parenthood of Toronto
Screw
Sherbourne health Centre
Steamworks
The Dorothy Ley Hospice
The Works
Thunderstar Presents
TICOT Social Society
Toronto French School
Toronto Historical Bowling Society
Trax V – Purple Tiger
Woodbine Animal Clinic
Woody's on Church
Zelda's Restaurant
Zipperz-Cellblock

And a big thank you to the over 4000 individuals who make contributions to the Toronto People With AIDS Foundation by participating in our events and making donations throughout the year!

thank you for your support

who we are

Government Funders

AIDS Bureau,
Ministry of Health & Long Term Care, Ontario

Long Term Care Division,
Ministry of Health & Long Term Care, Ontario

AIDS Community Action Program,
Public Health Agency of Canada

Community Services Grants Program,
City of Toronto

AIDS Prevention Grants Program, Toronto
Public Health

Foundations

BMO Foundation of Hope
George Lunan Foundation
HBC Foundation
J. P. Bickell Foundation
M.A.C. AIDS Fund

Mazon Canada, a Jewish Response to Hunger
Nathan and Lily Silver Family Foundation
Ontario Trillium Foundation
Tayhold Foundation
The BLG Foundation
The John C. and Sally Horsfall Eaton
Foundation
Toronto Community Foundation

Corporate & Community Supporters

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15068658 Ontario Inc.
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Agilysys Canada Inc.
AIDS Committee of Toronto, Community
Partners Fund
AXA Insurance Canada
BW International Inc. (IBWW)
Beaches Development (Phase V) Corporation
Inc.
Bristol – Myers Squibb
Cadillac Fairview
Cadillac Fairview (Toronto Eaton Centre)
Carmen, Inc.
CIBC

CIBC Mellon
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Cycle Therapy
D.Q.I. Design Quorum Incorporated
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Goodman & Company
Hair of the Dog
Havana House Cigar & Tobacco
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In Flame Fireplaces Inc.
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Le Grand Circuit
Le Petit Liban
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Mavrix Fund Management Inc.
M15 Digital Communications Inc.
Metropolitan Community Church of Toronto
Midore
Moksha Yoga Danforth
Mongrel Media
Music City Merchandise
Napoleon Fireplaces & Gas Grills
National Ballet of Canada
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New Durham Trading
No Fear Publishing Ltd.
Oakvill Audio Inc.
Oliver House Corbett Residential Care Inc.
Ontario AIDS Network, Postive Action Fund*
***(M•A•C AIDS Fund, OPSEU SEFPO,
Pfizer, Merck Frosst, F.K. Morrow Foundation
and J.P. Bickell Foundation)**
Paramount Canada's Wonderland

Staff as at March 31, 2006

Murray Jose
Executive Director

Suzanne Paddock
Director of Programs & Services

Hamal Docter
Director of Development &
Communications

Richard Durk
Interim Director of Finance
& Administration

Ryan Bureyko
Paul Landers,
Nitto Marquez
Rajesh Pisharody
Benefits & Assistance Case Managers

Mark Gilmore
Food for Life Coordinator

Meera Dhebar
Program Coordinator
Claudia Medina
Speakers Bureau Coordinator

Wendy Robbins
Volunteer Coordinator

Llewellyn Goddard
Treatment Resources Coordinator

Scott Cheslock
Special Events Coordinator

Le Thai Ly
Office Coordinator

Board of Directors as at March 31, 2006

David Church, President
Alan Stewart, Vice President
Mina Hunt, Treasurer
Bob Sirman
James Anok
Michelle Borthwick
Helen Daley
Victor Inigo

Mission Statement

The Toronto People With AIDS
Foundation exists to promote
the health and well being of all
people living with HIV/AIDS by
providing accessible, direct, and
practical support services

5387

people living with HIV/AIDS
received practical support
from PWA last year

making a positive difference

Programs & Services

What we're doing to make a positive difference

Services

45,000+
volunteer hours were needed to
help us deliver these programs and services

Financial burdens, social stigmas and health problems make it difficult for men, women and children living with HIV / AIDS to access the things they need to live independently. The Toronto People With AIDS Foundation provides a large variety of services to people living with HIV / AIDS in the Greater Toronto Area (GTA). These programs are aimed at making life a little easier for them, for little or no cost.

TREATMENT PROGRAMS

Treatment Access

The Treatment Access Program enables people living with HIV / AIDS to acquire the medications they need.

- Access to Medications. Through Treatment Access, people can acquire medications on a short term basis, while we help them gain long-term access to the medications.
- Drug Coverage. Drug coverage is necessary for most people to offset the cost of expensive HIV medications. Treatment Access provides people living with HIV / AIDS with information on public and private health insurance and helps them access the program that best suits their needs.
- Medical Care. Specialized medical attention is very important for men, women and children living with HIV / AIDS. The Treatment Access Program provides assistance with finding HIV specialists in the GTA.
- Medical Marijuana. Medical Marijuana is a treatment option for people with HIV / AIDS who suffer side effects such as pain, nausea and wasting. We provide information on medical marijuana and how to access it through Treatment Access

Treatment Resources

People living with HIV / AIDS can get important information on the treatments and resources available.

We produce booklets, conduct workshops, hold public forums and provide confidential consultation about treatment options in

person and over the phone.

FOOD PROGRAMS

At any given time, an estimated 250-300 people living with HIV / AIDS in Toronto do not receive the nutrition their bodies need. Proper nutrition is vital to long-term survival of HIV and AIDS.

Food Bank

The Toronto People With AIDS Foundation Food Bank is the only food bank in Toronto that exclusively serves people living with HIV / AIDS. Twice a month, clients can pick up staple food items such as bread, milk, fresh produce, cereal, canned goods and baking supplies as well as pet food. A newsletter is available highlighting nutritional information on food bank items and healthy recipes. We do our best to cater to special needs as well. We have a Family Box, baby items and we're happy to accommodate special diets based on what we have available. The food bank is open on Wednesdays from 4-7 p.m. and Thursdays from 12-4 p.m. On Wednesdays, the Sherbourne Health Bus parks outside the food bank, providing our clients with basic medical care and personal hygiene items.

Food for Life Meal Delivery Program

The Food for Life program provides fresh, nutritious meals to homebound men, women and children living with HIV / AIDS. Since it was founded in 2002, Food for Life has served more than 200 people in the Greater Toronto Area. Food for Life is a fee for

service program, which means clients pay a nominal amount to access this service. No one will be turned away if they cannot afford the fee. Clients will need a doctor's referral to participate in Food for Life. Once part of the program, they receive a menu and choose their weekly meals from 43 entrees, 14 soups and 18 desserts. Special diet meals are also available through Food for Life. The frozen meals are delivered once a week.

HEALTH PROMOTION

The Toronto People With AIDS Foundation Health Promotion program offers a wide variety of services that are aimed at improving the physical, social and emotional well-being of our clients.

Massage

Massage therapists provide one-hour sessions, once a month to help clients decrease stress and muscle atrophy. Therapies include Reiki, Shiatsu and Swedish Massage. We also offer student massage clinics. Clients can register for a clinic that includes four weekly rehabilitative massage treatments with a massage therapy student.

Naturopathic Clinic

The Naturopathic Clinic for People Living With HIV / AIDS offers free holistic health care to our clients. Services include acupuncture, botanical medicine, homeopathy and clinical nutrition. 30 appointments are available every week with six Naturopathic students.

Needle Exchange

The goal of the Needle Exchange program is to reduce the risk associated with injection drug use. People living with HIV / AIDS who use injection drugs, can safely dispose

of used needles and pick up clean ones. They can access the needle exchange as often as necessary, no questions asked.

Social Programming

Social Programming allows people living with HIV / AIDS to socialize with others and access services that improve their emotional health. We offer craft classes, theatre access, haircuts, a pet program and holiday programs.

Vitamin Supplements

HIV and the medications used to treat it can block the body's ability to absorb nutrients from food. The Toronto People With AIDS Foundation supplies people living with HIV / AIDS with free multi-vitamins when available.

Yoga

Yoga can improve the well-being of the body, mind and spirit. Our yoga classes teach relaxing breathing techniques, stretching and meditation at all skill levels.

INCOME SUPPORT

The Toronto People With AIDS Foundations offers income support through our Benefits & Assistance Program. Clients are assigned a Benefits and Assistance case manager who helps them manage the costs of living with HIV / AIDS. Our case managers provide benefits and financial counselling, financial assistance for uninsured medical costs, return to work consultations, advocacy to government assistance programs as well as referrals and basic needs counselling.