



Toronto People With AIDS Foundation

Eblast Update

Friday, September 07, 2007

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Twenty Years ... Twenty Stories

The Toronto People With AIDS Foundation has been *making a positive difference* for twenty years. We will be honouring this occasion with a series of activities over the upcoming months. At this time we would like to announce our twentieth anniversary speaker series, [Twenty Years ... Twenty Stories](#).

Storytelling is an ancient art and powerful tool used in almost every culture as means of honouring our history, educating our communities and sharing or preserving our culture and values. As part of our strategic planning process and in preparation for honouring our 20th anniversary, we began to ask people their stories about the Toronto People With AIDS Foundation (PWA). The stories we heard identified a powerful and moving legacy. They are rich examples of how clients, volunteers, staff, community partners and a supporting community are making a positive difference.

Toronto People With AIDS Foundation
20th Anniversary Speakers Series:

toronto
PEOPLE WITH AIDS
foundation

Twenty Years Twenty Stories

Friends for Life

Participants of the Friends for Life Bike Rally reflect on their experiences and the personal impact it made on their lives as the event prepares for its 10th anniversary in 2008.

Danny Nashman
Co-Founder, 7 year participant

Stefanie McQuaid
Co chair (2007), 4 year crew participant

Bill Merryweather
3 year rider/participant

Gita Bader
4 year rider/participant

Thursday September 20th 7 - 9pm
Oakham House, Ryerson Student Campus Centre, 63 Gould St.

Refreshments will be provided; interpretation and child care support may be available on request.
RSVP is requested to ensure that space and refreshments are adequately arranged:

416-506-1400 or specialprojects@pwatoronto.org
www.pwatoronto.org

20 YEARS

The Legacy Project

Be a part of PWA's legacy. We're looking for people infected and affected by HIV/AIDS to be a part of this historic event. If you are a person living with HIV/AIDS, a family member, a care giver, a volunteer, or a donor connected with PWA, we invite you to have your photograph taken to be included in a commemorative artistic creation. Photographs will be modified for confidentiality.

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Anniversary Speakers Series Schedule

Toronto People With AIDS Foundation
20th Anniversary Speakers Series:

Twenty Years Twenty Stories

Storytelling is an ancient art and powerful tool used in almost every culture as a means of honouring our history, educating our communities and sharing or preserving our culture and values. As part of our strategic planning process and in preparation for honouring our 20th anniversary, we began to ask people their stories about the Toronto People With AIDS Foundation (PWA). The stories we heard identified a powerful and moving legacy. They are rich examples of how clients, volunteers, staff, community partners and a supporting community are making a positive difference.



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All events will be held at:

Oakham House
Ryerson Student Campus Centre
63 Gould Street

For more information contact:

Toronto People With AIDS Foundation
399 Church Street, 2nd Floor
Toronto, ON M5B 2J6
T: 416-506-1400 F: 416-506-1404
E: specialprojects@pwtoronto.org

Event	Date/Time	Description
Creating Legacy – A Community Responds	Thurs Aug 9/07 5:00 – 6:30 pm	Stories relating to creating an organization to help people living with HIV stay healthy and live with dignity will be shared by current and past staff and volunteers.
New Faces	Thurs Aug 23/07 12:00 – 1:30 pm	PHAs from diverse communities share their stories about accessing PWA programs and services.
Friends for Life	Thurs Sep 20/07 7:00 – 9:00 pm	Participants of the Friends for Life Bike Rally reflect on their experience and the personal impact it has made on their lives, as the event prepares for its 10th anniversary in 2008.
Together We are Stronger	Thurs Oct 25/07 12:00 – 1:30 pm	Founding members of community partner agencies share stories of how PWA has built relationships in response to the emerging needs of PHAs.
We're Still Here	Wed Nov 28/07 5:00 – 7:00 pm	Long-term survivors share their experiences of the complex emotional, psychological and physical challenges they face and how PWA has supported them.
Making a Positive Difference	Thurs Jan 10/08 12:00 – 1:30 pm	Stories about the creation of PWA's new strategic plan and future directions, and the influence of our experiences creating the 2006 International AIDS Conference PHA Lounge will be highlighted.

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PWA Annual General Meeting

The Toronto People With AIDS Foundation Annual General Meeting



20 years of making a positive difference.

As part of our strategic planning process and in preparation for honouring our 20th anniversary, we began to ask people their stories about the Toronto People With AIDS Foundation (PWA). The stories we heard identified a powerful and moving legacy. They are rich examples of how clients, volunteers, staff, community partners and a supporting community are making a positive difference. Join us as we present our new strategic plan, draft bylaw changes and share stories with early PWA program staff and Donna Dooher, Honourary Chair of Pie in the Sky.

Thursday, September 27th, 2007 at 6:30pm

Oakham House

Ryerson Student Campus Centre, 63 Gould Street

Toronto People With AIDS Foundation
399 Church Street, 2nd Floor
Toronto, Ontario M5B 2J6 416-506-1400

www.pwatoronto.org

Membership Renewal

Please consider renewing your membership and continuing your support and involvement with the Toronto People With AIDS Foundation. Your annual membership with PWA entitles you to receive our newsletter, Annual Report and other mailings of interest to you. You also have voting (and proxy voting) privileges which makes you an active partner in determining the future of PWA.

All memberships are valid for one full calendar year. New or lapsed members must apply at least 30 days in advance of the Annual General Meeting (AGM) in order to vote. Please note that if you renew or begin your membership at this time you will not be able to vote at the upcoming AGM on September 27th.

If you would like to join the Toronto People With AIDS Foundation as a new member, you can fill out our application form, available on [PWA's website](#). You can either mail or fax the form to our office to the attention of **Le Thai Ly, Office Coordinator**.

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2nd Annual Summer Picnic

The summer picnic for clients will be hosted at High Park on Sunday September 9th from 11am – 3pm. Go to High Park subway station and exit at the Bloor Street exit. We will be located just inside the Bloor Street entrance to the park. Each client qualifies for two subway tokens to use to get to and from the park. Subway tokens will be issued at the park so clients must get there using their own tokens and will be reimbursed.

Some events that will take place are: games, crafts, face painting, door prizes along with a BBQ and drinks... and many more surprises...

The picnic is being sponsored by PWA, ACT, Casey House, Toronto Hospice, McEwan House, ASAAP, ACAS, & VOPW. For more information please contact Kevin Borden, Programs Coordinator at 416-506-8606 ext. 633 or kborden@pwatoronto.org.

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Kikkawa Student Massage Clinic

The Toronto People With AIDS Foundation is pleased to announce the return of the Student Massage Clinics. The Kikkawa Student Massage Clinic begins on September 17th.

- Clinics take place on Mondays from September to March
- Students are supervised by a Registered Massage Therapists
- 24-hour notice is required to cancel an appointment
- You cannot access the following series if you miss more than two appointments in a row

To book appointments:

- ask for Rebecca Gower, Treatment Resources Coordinator at PWA
- call 416-506-1400 ext. 627 to leave a voice message
- email rgower@pwatoronto.org

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Living Longer, Living Stronger

Living Longer, Living Stronger

Coping With HIV as a Long-Term Illness



- October 2nd Coping With Long Term Side Effects
- October 9th New Medications on the Horizon
Dr. Charlie Guiang
- October 16th Creating a Positive Body Image
Tara McKee
- October 23rd Using Alternative Medicine to Cope With Side Effects
Highlighting Acupuncture, Homeopathy & Meditation

**When: Wednesday Evenings in November
7-9 p.m.**

**Where: Bleeker Street Co-op
85 Bleeker Street, Community Room**

- ✓ Food and refreshments will be provided
- ✓ Childcare stipends and TTC tokens available upon request
- ✓ Access community resources, treatment information and more
- ✓ Wheelchair accessible

Pre-registration is required for this event.

For more information, contact Rebecca Gower at 416-506-1400 x627
or [e-mail rgower@pwatoronto.org](mailto:rgower@pwatoronto.org)



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Workshop Series for Women

Circle of Life

A Workshop Series for HIV+ Women



Workshop Topics Include:

November 7	Healthy Sexuality & Sex Positivity
November 14	Positive Pregnancy
November 21	Coping with the Emotional Highs and Lows of HIV
November 28	Using Alternative Medicine to cope with HIV

**When: Wednesday Evenings in November
7-9 p.m.**

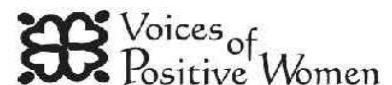
**Where: 119 Isabella Street- Parking is available
2 Blocks north of Wellesley; east of Sherbourne**

**November 21st workshop will take place at 9 Huntley Street, 3rd Floor Boardroom*

- ✓ Food and refreshments will be provided
- ✓ Childcare stipends and TTC tokens available upon request
- ✓ Access community resources, treatment information and more
- ✓ Wheelchair accessible

Pre-registration is required for this event.

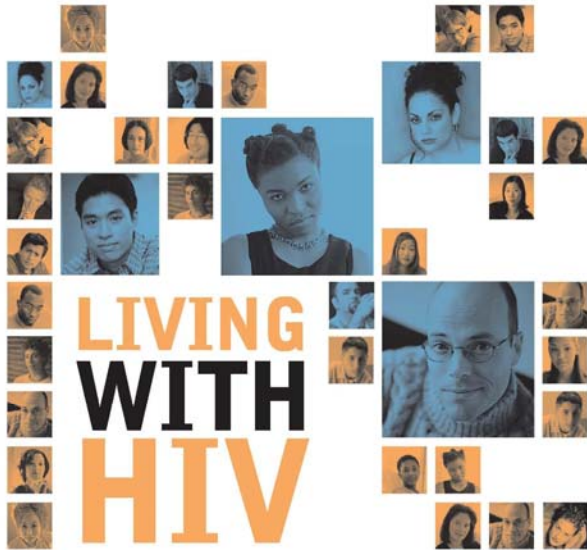
For more information, contact Rebecca Gower at 416-506-1400 x627 or [e-mail
rgower@pwatoronto.org](mailto:rgower@pwatoronto.org)



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Living with HIV? Living with Meds...

2007 Information Sessions



LIVING WITH MEDS

Getting Started

- Small group, interactive learning workshops for people living with HIV/AIDS
- Five-hour session in a confidential environment
- Up-to-date information on drug treatments in easy to understand language
- Presented by Dr. David Fletcher and colleagues in collaboration with the Toronto People With AIDS Foundation
- Lunch and snack breaks included.



Call **(416) 506-1400, ext. 620**, to register.

2007 dates available:

- Friday, September 21
- Monday, November 26

Please enquire if additional dates have been added.

Getting Started

This beginner to intermediate interactive learning workshop is for people living with HIV who have:

- not yet started antiretroviral therapy; or
- recently started antiretroviral therapy and want to know more; or
- discontinued therapy in the past and are considering restarting.

Topics to be covered:

- ✕ Thinking about starting/re-starting drug therapy?
- ✕ Want to learn more about HIV and how it could affect you?
- ✕ Want to understand more about your blood work?
- ✕ Wondering when, why and how to start treatment?
- ✕ Looking for treatment options and ways to access them?
- ✕ Worried about side effects? Drug interactions?
- ✕ Interested in keys to successful treatment?
- ✕ Looking for a smooth adjustment to life with HIV drugs?

- These HIV treatment education workshops have been developed and are presented, in easy to understand language, by Dr. David Fletcher of the Maple Leaf Medical Clinic and colleagues, in consultation with the Toronto People With AIDS Foundation and persons living with HIV/AIDS.
- Educate yourself about HIV in a confidential, small group, interactive learning environment. Register early to get the date you want.
- All workshops are from 10:00 a.m. to 3:00 p.m.
- They are held at the Metro Central YMCA, 20 Grosvenor St., Toronto. Tel. (416) 975-9168. Conveniently located downtown, two blocks north of Yonge/College intersection. TTC: College subway station.
- Registration is free. Lunch and snack breaks included.
- Reimbursement for childcare is available on request.
- Take-home materials are provided, including a printed copy of workshop content.

Supported by an unrestricted educational grant from:



GlaxoSmithKline in partnership with



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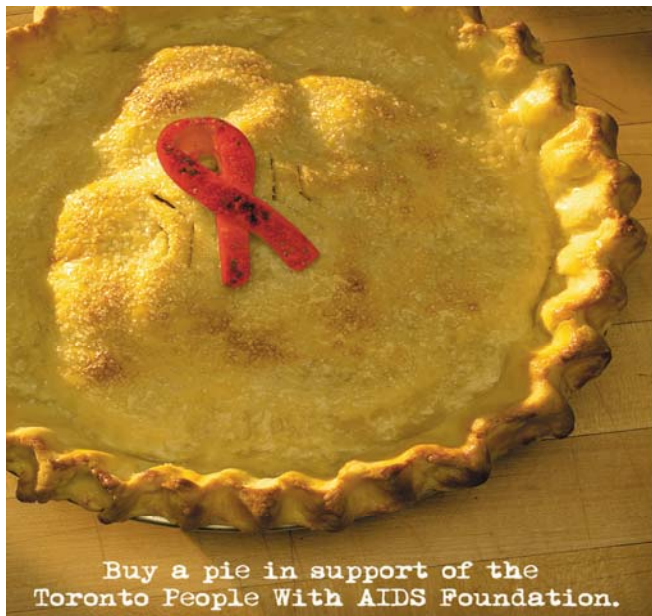
Home + Style Studio Tour



September 13th-16th - [The Home + Style Studio Tour](#) is proud to present the once a year Exclusive Access Sale (Booth #2433) at the Toronto Fall Home Show located in the Automotive Building at Exhibition Place. All proceeds from the sale benefit PWA.

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Pie in the Sky



Pie in the Sky is an annual fundraiser that helps provide essential nourishment through food programs delivered by the Toronto People With AIDS Foundation to Toronto's HIV+ population in need of your support. Toronto's culinary community unites to bake fantastic pies that are then sold for \$35, which provides 10 meals or 1 food hamper for someone living with HIV / AIDS. To find out how you can help or for more information on Pie in the Sky, please visit our website at TorontoPieintheSky.org or call 416-506-8606 ext. 631.

THANKSGIVING '07
October 4, 5



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AIDS Walk for Life with PWA



September 16th - [AIDS Walk for Life](#). Join the PWA team and raise awareness, show support, and continue the fight against AIDS. Meet up outside the PWA office at 1:15pm and join the fun. Everyone is welcome. It's not necessary to have collected pledges, just come out and show your support!

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Gay Guide Toronto



Support PWA through GAY GUIDE TORONTO Win-Win Membership Drive. As part of GGT's 5th Anniversary celebrations, GAY GUIDE TORONTO.COM is spearheading a program with PWA as beneficiary. For every new membership in 2007, GGT will donate \$1 and Steamworks is matching it! For full details please visit <http://www.gayguidetoronto.com/5/simp.php?p=intro> and help support the programs and services for people in our community living with HIV/AIDS.

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The Imperial Court of Toronto (TICOT)

TICOT September Events:



Since 1987, under the leadership of 31 elected Monarchs, The Imperial Court of Toronto has entertained thousands, held many successful events and raised money for a number of local charities.

The Toronto People With AIDS Foundation is one of the beneficiaries for 2006/2007.

- **September 15th** TICOT's Cosmic Bowling at the Thorncliffe Bowlerama from 1 - 4pm

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Mr. Leatherman Toronto Competition Inc. (MLT)

MLT September Events:



- **September 16th** MLT Leather Brunch at the Churchmouse & Firkin

MLT is a volunteer-based, not-for-profit, registered corporation that is the proud producer of Canada's largest "leather" events. All of the fundraising throughout the year serves the community at large and Toronto's gay and lesbian community in particular. Each year the net proceeds benefit a charity chosen by the titleholder. Mr. Leatherman Toronto Mr. Steve Martin, Mr. Leather Fellowship, David Kraft and Bootblack Toronto "Eli" Diana Campanaro have chosen the Toronto People With AIDS Foundation as their charity of choice for 2007.

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Upcoming Events

1. [Pie in the Sky Annual Fundraiser](#) October 4th – 5th
2. [TICOT Magical Makeover](#) October 10th
3. [TICOT State Dinner](#) October 11th
4. [TIOCT In Town Show](#) October 11th
5. [TICOT Coronation](#) October 13th
6. [TICOT Victory Brunch](#) October 14th
7. [MLT Leather Brunch](#) October 21st
8. [PWA 20th Anniversary Speaker Series – Together We are Stronger](#) October 25th

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