



Eblast Update

Friday, November 02, 2007

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Twenty Years ... Twenty Stories

The Toronto People With AIDS Foundation has been *making a positive difference* for twenty years. We will be honouring this occasion with a series of activities over the upcoming months. At this time we would like to announce our twentieth anniversary speaker series, [Twenty Years ... Twenty Stories](#).

Storytelling is an ancient art and powerful tool used in almost every culture as means of honouring our history, educating our communities and sharing or preserving our culture and values. As part of our strategic planning process and in preparation for honouring our 20th anniversary, we began to ask people their stories about the Toronto People With AIDS Foundation (PWA). The stories we heard identified a powerful and moving legacy. They are rich examples of how clients, volunteers, staff, community partners and a supporting community are making a positive difference.

Anniversary Speakers Series Schedule

Toronto People With AIDS Foundation
20th Anniversary Speakers Series:

Twenty Years Twenty Stories

Storytelling is an ancient art and powerful tool used in almost every culture as a means of honouring our history, educating our communities and sharing or preserving our culture and values. As part of our strategic planning process and in preparation for honouring our 20th anniversary, we began to ask people their stories about the Toronto People With AIDS Foundation (PWA). The stories we heard identified a powerful and moving legacy. They are rich examples of how clients, volunteers, staff, community partners and a supporting community are making a positive difference.



All events will be held at:

Oakham House
Ryerson Student Campus Centre
63 Gould Street

For more information contact:

Toronto People With AIDS Foundation
399 Church Street, 2nd Floor
Toronto, ON M5B 2J6
T: 416-506-1400 F: 416-506-1404
E: specialprojects@pwatoronto.org

Event	Date/Time	Description
Creating Legacy — A Community Responds	Thurs Aug 9/07 5:00 – 6:30 pm	Stories relating to creating an organization to help people living with HIV stay healthy and live with dignity will be shared by current and past staff and volunteers.
New Faces	Thurs Aug 23/07 12:00 – 1:30 pm	PHAs from diverse communities share their stories about accessing PWA programs and services.
Friends for Life	Thurs Sep 20/07 7:00 – 9:00 pm	Participants of the Friends for Life Bike Rally reflect on their experience and the personal impact it has made on their lives, as the event prepares for its 10th anniversary in 2008.
Together We are Stronger	Thurs Oct 25/07 12:00 – 1:30 pm	Founding members of community partner agencies share stories of how PWA has built relationships in response to the emerging needs of PHAs.
We're Still Here	Wed Nov 28/07 5:00 – 7:00 pm	Long-term survivors share their experiences of the complex emotional, psychological and physical challenges they face and how PWA has supported them.
Making a Positive Difference	Thurs Jan 10/08 12:00 – 1:30 pm	Stories about the creation of PWA's new strategic plan and future directions, and the influence of our experiences creating the 2006 International AIDS Conference PHA Lounge will be highlighted.



The Legacy Project
Be a part of PWA's legacy. We're looking for people infected and affected by HIV/AIDS to be a part of this historic event. If you are a person living with HIV/AIDS, a family member, a care giver, a volunteer, or a donor connected with PWA, we invite you to have your photograph taken to be included in a commemorative artistic creation. Photographs will be modified for confidentiality.

World AIDS Day

In honour of World AIDS Day PWA will be hosting a light reception in our Activity Centre Friday November 30th from 1 – 5pm located at 399 Church Street 2nd Floor. Please join us in discussions about PWA's 20th Anniversary and upcoming events.

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PWA Holiday Food Drive

This years Holiday Food drive will be taking place from Dec 3rd to Dec 21st. Once again you can drop off non perishable food items at businesses on Church St. and Wellesley.

We have lots of new and exciting businesses participating such as Whole Foods, The Carrot Common and Good Life Fitness. As we all know, HIV is a disease that affects every community so this year we've tried to spread out the drop off outlets to other areas of Toronto. We hope that we've made it as easy as possible for people to give where it makes a difference this holiday season.

So please give generously. Share the Holiday Cheer by donating to our Food Drive!

Drop off locations to date:

1. **On Wellesley St E.:** The Wine Rack, Lettieri, TD Bank
2. **On Church St.:** Fab, Zelda's, O'Grady's, Pegasus, Xtra, The Churchmouse & Firkin, Woody's, American Apparel, Church St. Diner, Timothy's, The Black Eagle
3. **On Danforth:** The Auld Spot, Sun Valley Foods, Blue Cross Animal Hospital, The Carrot Common
4. **Also,** Noah's on Yonge St., Whole Foods on Avenue Road, Good Life Fitness on Park Road,
5. Yonge St. Fitness on Yonge and Sarah Sheard Therapy on Howland.

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Holiday Bag

This year's holiday bag (formally known as THE BIG RED BAG) will be distributed to clients of PWA on December 8th and 9th from 12 – 4pm at the College Francais at 100 Carlton Street. This year we will be distributing 1000 gift bags to our clients as a gift from the Foundation. The bags will include such things as body lotion, hair products, food products and clothing apparel just to name a few items. Clients do not have to pre-register for the bags; however, it is on a first come first serve basis. Hot beverages and treats will be served to keep all warm on a cold December day.

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Holiday Dinner & Show

The Holiday Dinner & Show is scheduled for December 17th at 5:30pm at Buddies in Bad Times Theatre. The evening includes a reception, a light sit down dinner and an entertainment show with a surprise guest host and many surprise performers. This event is for all PWA clients & volunteers and it is first come first serve. There will be no pre-registration for this event.

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Energy Healing Workshops and Treatment

The 4th Tuesday of each month in Room 220 is an Energy Healing Workshop for clients of PWA. In the words of Programs Coordinator Greg Downer, "I've always believed that the mind has the ability to help control the body." Our emotions, especially the bad/negative ones, are connected to energy in the body. When we hold on to the negative/bad emotions they can actually translate into physical ills. The Energy Healing Workshop is led by a group of Reiki Therapists who help you to channel the energy in your body in such a way that helps to heal these old emotional wounds and to heal the body. "It is truly an amazing experience and I can not explain it other than to say it works for me." To register please sign up at the PWA reception desk or call Greg at 416-506-8606 ext. 625.

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ENERGY HEALING WORKSHOPS AND TREATMENTS



for clients of the Toronto People with AIDS
Foundation in Rm. 220 at 399 Church St.
4th Tuesday of each month.

Next session: Tues. Nov. 27th @ noon

Please note that doors will close at 12pm, if you are late you can reschedule for the following month.

This workshop will be provided on a monthly basis, there will be 7 Reiki therapists working with a group of 20 people. Our intent and purpose is to teach the grounding techniques that empower us to heal ourselves. We would also like to share hands on energy healing treatments with you. Throughout the treatment you will be clothed, hands will rest in various places of the body; however there is no pressure, manipulation or massaging involved. Session ends 2:30p.m.

- learn how to clear mental, emotional and physical blocks/traumas by working with energy
- feel what it's like to experience your true self
- experience the power of group healing

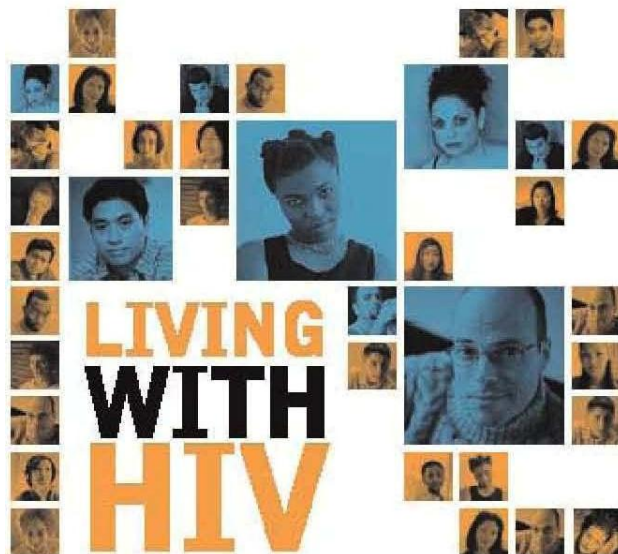
For more information about what energy healing is visit www.shiatsubysheer.com. Please do not call Sher for information about booking a workshop.

If interested in attending please sign up at PWA reception. Or call 416 506-8606 ext. #625 and leave your name and phone number and someone will contact you to confirm your booking. You may attend on an ongoing monthly basis.

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Living with HIV? Living with Meds...

2007 Information Sessions



LIVING WITH MEDS

Getting Started

- Small group, interactive learning workshops for people living with HIV/AIDS
- Five-hour session in a confidential environment
- Up-to-date information on drug treatments in easy to understand language
- Presented by Dr. David Fletcher and colleagues in collaboration with the Toronto People With AIDS Foundation
- Lunch and snack breaks included.



Call (416) 506-1400, ext. 620, to register.

2007 dates available:

Monday, November 26th

Please enquire if additional dates have been added.

Getting Started

This beginner to intermediate interactive learning workshop is for people living with HIV who have:

- not yet started antiretroviral therapy; or
- recently started antiretroviral therapy and want to know more; or
- discontinued therapy in the past and are considering restarting.

Topics to be covered:

- ✕ Thinking about starting/re-starting drug therapy?
- ✕ Want to learn more about HIV and how it could affect you?
- ✕ Want to understand more about your blood work?
- ✕ Wondering when, why and how to start treatment?
- ✕ Looking for treatment options and ways to access them?
- ✕ Worried about side effects? Drug interactions?
- ✕ Interested in keys to successful treatment?
- ✕ Looking for a smooth adjustment to life with HIV drugs?

- These HIV treatment education workshops have been developed and are presented, in easy to understand language, by Dr. David Fletcher of the Maple Leaf Medical Clinic and colleagues, in consultation with the Toronto People With AIDS Foundation and persons living with HIV/AIDS.
- Educate yourself about HIV in a confidential, small group, interactive learning environment. Register early to get the date you want.
- All workshops are from 10:00 a.m. to 3:00 p.m.
- They are held at the Metro Central YMCA, 20 Grosvenor St., Toronto. Tel. (416) 975-9168. Conveniently located downtown, two blocks north of Yonge/College intersection. TTC: College subway station.
- Registration is free. Lunch and snack breaks included.
- Reimbursement for childcare is available on request.
- Take-home materials are provided, including a printed copy of workshop content.

Supported by an unrestricted educational grant from:



GlaxoSmithKline



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Gay Guide Toronto



Support PWA through GAY GUIDE TORONTO Win-Win Membership Drive. As part of GGT's 5th Anniversary celebrations, GAY GUIDE TORONTO.COM is spearheading a program with PWA as beneficiary. For every new membership in 2007, GGT will donate \$1 and Steamworks is matching it! For full details please visit <http://www.gayguidetoronto.com/5/simp.php?p=intro> and help support the programs and services for people in our community living with HIV/AIDS.

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The Imperial Court of Toronto (TICOT)

TICOT November Events:



Since 1987, under the leadership of 31 elected Monarchs, The Imperial Court of Toronto has entertained thousands, held many successful events and raised money for a number of local charities.

The Toronto People With AIDS Foundation is the beneficiary for 2007/2008.

- **November 3rd** Investiture 1 at Play on Church Street from 8pm - close
- **November 25th** Empress Bitsie's All Broadway Birthday Bash at Play on Church Street from 9pm – close

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Mr. Leatherman Toronto Competition Inc. (MLT)

MLT November Events:



- **November 22 – 25th** MLT Competition & Victory Ball (Saturday November 24th)

MLT is a volunteer-based, not-for-profit, registered corporation that is the proud producer of Canada's largest "leather" events. All of the fundraising throughout the year serves the community at large and Toronto's gay and lesbian community in particular. Each year the net proceeds benefit a charity chosen by the titleholder. Mr. Leatherman Toronto Mr. Steve Martin, Mr. Leather Fellowship, David Kraft and Bootblack Toronto "Eli" Diana Campanaro have chosen the Toronto People With AIDS Foundation as their charity of choice for 2007.

recon proudly presents
NOVEMBER 22-25, 2007
Competition & Victory Ball **MLT**
Saturday, Nov. 24th

Polson Pier (The Docks)
 11 Polson St. www.polsonpier.com
 Competition: 8pm-11pm,
 Victory Ball: 11pm-6am

Tickets: Priape (465 Church St.),
 Northbound Leather (586 Yonge St.),
 and On-Line at: www.MrLT.com

Tickets/VIP Weekend Passes /Host Hotel Packages:
conxity.com (506 Church St.) 1-800-387-1240
www.conxity.com/pages/mlt.php

VIP Weekend Passes: \$125
Competition & Victory Ball: \$45 (advance)
Victory Ball Only: \$35 (advance)

dj Deko-Ze
www.dekoze.com

Lighting:
 Towers Productions
www.towersproductions.ca

MC's: Karen Crecelius and John Pentel

Special Performances: Troy Brooks & Brian Kent www.brianjohnt.com
Leather Dress Code Enforced. More Info: www.MrLT.com

For your convenience, Mr. Christiana Shultz-Ram will be making entrance trips to the Competition and Victory Ball between 7pm & 8pm from DeLo's (342 Church St.) and The Best Western Princess Hotel (111 Carlton St.)

Produced by Mr. Volume, Steve Martin, and Mr. Professional Services. Sponsored by: Mr. Volume, Steve Martin, and Mr. Professional Services. Sponsors: Mr. Volume, Steve Martin, and Mr. Professional Services. Sponsors: Mr. Volume, Steve Martin, and Mr. Professional Services.

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fab 13th Anniversary Party

You know what they say about size...



Dwayne Minard (fly)



Amita (Besharam)



Sumation (AX)



Shane Percy (Grapefruit)



Cajjmere Wray (Proud FM)



Mark Falco (Dance Camp)



13th Anniversary Party
Thursday, November, 22 2007
Doors open 10pm - 3am
\$5 cover proceeds to PWA
Special performances by the
one and only DONNARAMA



A BENEFIT FOR



FLY NIGHTCLUB - 8 GLOUCESTER STREET (Wellesley Subway) TORONTO CANADA
Info: 416.410.5426 www.flynightclub.com | www.myspace.com/flynightclub

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Upcoming Events

1. **Holiday Food Drive** - December 3rd – 21st
2. **Holiday Bag** - December 8th & 9th
3. **Holiday Dinner & Show** - December 17th at 5:30pm
4. **PWA 20th Anniversary Speaker Series – Making a Positive Difference** - January 10th

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Help us make a positive difference



I'd like to help people living with HIV or AIDS.

I'm making a: one time gift monthly gift

Please find enclosed my gift of:

\$50 \$35 \$20 Other: \$

I'd like to pay by: cash cheque credit card

Credit Card information: VISA M/C AMEX

Card #:

Expiry:

Signature:

First Name Last Name

Address

City Province

Postal Code Phone

email

Gifts of \$15 or more will receive a charitable tax receipt.

Toronto People With AIDS Foundation
399 Church Street, 2nd Floor, Toronto, ON M5B 2J6
Tel.: 416-506-1400 Fax: 416-506-1404 info@pwatoronto.org www.pwatoronto.org
Charitable Registration #: 13111 3151 RR0001

Donate online at www.pwatoronto.org



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