



# Toronto People With AIDS Foundation

Eblast Update

Tuesday, June 12, 2007

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## Announcements

It is with regret that we announce the resignation of Meera Dhebar, Programs Coordinator. Meera has decided to return to school this fall to pursue her Master's degree in Social Work. Her last day at PWA will fittingly be September 9<sup>th</sup>, 2007, the date of the 2<sup>nd</sup> annual PWA Picnic.

Meera first came to PWA in October of 2003. During her time at PWA she has developed innovative ways for people to access PWA's programs to ensure consistency, equity and efficiency. She changed the way people access the food bank by giving people the opportunity to choose which two weeks in the month they come. This year she has planned to increase the nutritional offerings of the food bank by supplementing regularly donated items with dairy and vegetable products. Additionally, Meera successfully coordinated 4 Holiday Dinner and Shows and Holiday Hamper programs. This year she gave out 800 Big Red Bags – a record number. Meera also developed the successful summer picnic which will be held again this year.

For all these things and more, please join us in thanking Meera for all her hard work and dedication. PWA will miss Meera, and wishes her all the best with her new endeavors.

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## PWA Pride Parade Float



Please join PWA in honoring 20 years of making a positive difference in the lives of people living with HIV/AIDS. For the last couple of years, we've had some Bike Rally participants in biking jerseys walk the parade route with the PWA float. For this exciting year, we'd like to see as many people as possible joining the parade route to soak the parade watchers, have some incredible fun and spread awareness about PWA and the Bike Rally.

For more information or to sign up please contact Wendy Robbins at 416-506-8606 ext. 622 or [wrobbins@pwatoronto.org](mailto:wrobbins@pwatoronto.org).

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## The 9<sup>th</sup> Annual Friends for Life Bike Rally



July 29–August 3, 2007

Montreal

9TH ANNUAL FRIENDS FOR LIFE BIKE RALLY

The 9th Annual Friends For Life Bike Rally will hit the road on July 29th, 2007. Our goal is to raise much needed funds for the Toronto People With AIDS Foundation.

For 6 days, over 300 cyclists will ride more than 600km from Toronto to Montreal, while our crew of dedicated volunteers will transport gear, provide route support, serve nutritious food and administer therapeutic massages for what promises to be an unforgettable journey.

For more information please contact Scott Cheslock, Special Events Coordinator at [scheslock@pwatoronto.org](mailto:scheslock@pwatoronto.org) or 416-506-8606 ext. 631.

To register, donate or learn more about this event please visit [www.pwatoronto.org](http://www.pwatoronto.org).

Toronto

A Benefit For toronto PEOPLE WITH AIDS foundation

Register. Donate. Learn  
[www.bikerally.org](http://www.bikerally.org)  
416.506.8606 ext.631

The poster features a background image of cyclists in yellow jerseys. A red line with circular markers at 'Montreal' and 'Toronto' runs vertically down the right side of the poster.

## 12<sup>th</sup> Annual PRIDE AND REMEMBRANCE RUN

PROMOTING AND FOSTERING COMMUNITY SPIRIT AND SPORTSMANSHIP SINCE 1996

# PRIDE AND REMEMBRANCE RUN



Each year the Pride and Remembrance Association selects community charities who receive 100% of the charitable pledges that are raised. The two beneficiaries for the 2007 Pride and Remembrance Run are the Toronto People With AIDS Foundation and the Triangle Program of the Toronto District School Board.

The inspiring and motivating theme for the 2007 Run is '**LET THE ROAD BE YOUR RIBBON**'. There are many ribbons for many causes, but at the root of them all is a desire to do something good.

There are many 'ribbons' or reasons that run through the **Pride and Remembrance Run** – for some, it is the love of running. For others, it is their favorite **Pride Week** event. There is the ribbon of **remembrance** of those lost to AIDS, and there is the ribbon of **support** of the community organizations that need help in helping others.

The Pride and Remembrance Run is a 5K fundraising run/walk organized and operated by the entirely volunteer-driven Pride and Remembrance Association.

Your participation is welcomed whether you pledge, volunteer, run, walk or cheer. You can join the PWA Team – 'PWA in Motion' - by contacting Murray Jose at [mjose@pwatoronto.org](mailto:mjose@pwatoronto.org) or by registering online at [www.priderun.org](http://www.priderun.org).

This year, **LET THE ROAD BE YOUR RIBBON** – and for one day we will bring all these RIBBONS to one ROAD.

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## Boat Bash

**SUNDAY JUNE 17th 1-6pm**  
**Miss Conception's**  
**BIRTHDAY**  
**BOAT BASH**



PEOPLE WITH AIDS 

**All On Board!**  
**the Obsession III** - \$55/person  
(Pier 27 - Yonge St. and Queens Quay)

- Dinner, Cash Bar, Show, Dancing, Casino, and Fabulous Prizes!!!
- **After Party** 6:30 pm at Pinocchio
- Portion of proceeds to benefit the PWA

**Miss Conception: 416.929.5814**  
**or for more info visit: [www.missconception.ca](http://www.missconception.ca)**



**Pinocchio** **CENTRALspa** **JC** **GAY GUIDE TORONTO** **EXCESS** **POLAR ICE**

A BARBERSHOP FOR MEN  
WWW.SPICES.COM

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## Folsom Fair North



A banner for the event featuring a silhouette of a firefighter on a red and white background, a large glass dome structure, and a person in a red hooded outfit. The text 'FFN5 JULY 2007 TORONTO' and 'recon' is overlaid.



A photograph of a muscular man wearing a firefighter's helmet and a black leather harness. He is holding a red fire jacket. In the foreground, a fire helmet with 'FFN5' on it is visible.

**FFN5**  
*Toronto's Hottest Leather and Fetish Weekend*

Friday, July 20     **WELCOME TO TORONTO PARTY**  
at ALIBI - 529 Yonge Street 10pm

Saturday, July 21     **AGITATOR**  
featuring DJ Scotty Thomson NYC

Sunday, July 22     **FFN5**  
in historic Allan Gardens 12 noon

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Support PWA through GAY GUIDE TORONTO Win-Win Membership Drive. As part of GGT's 5<sup>th</sup> Anniversary celebrations, GAY GUIDE TORONTO.COM is spearheading a program with PWA as beneficiary. For every new membership in 2007, GGT will donate \$1 and Steamworks is matching it! For full details please visit <http://www.gayguidetoronto.com/5/simp.php?p=intro> and help support the programs and services for people in our community living with HIV/AIDS.

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## The Imperial Court of Toronto (TICOT)

Since 1987, under the leadership of 31 elected Monarchs, The Imperial Court of Toronto has entertained thousands, held many successful events and raised money for a number of local charities.

The Toronto People With AIDS Foundation is one of the beneficiaries for 2006/2007.

### Upcoming events:

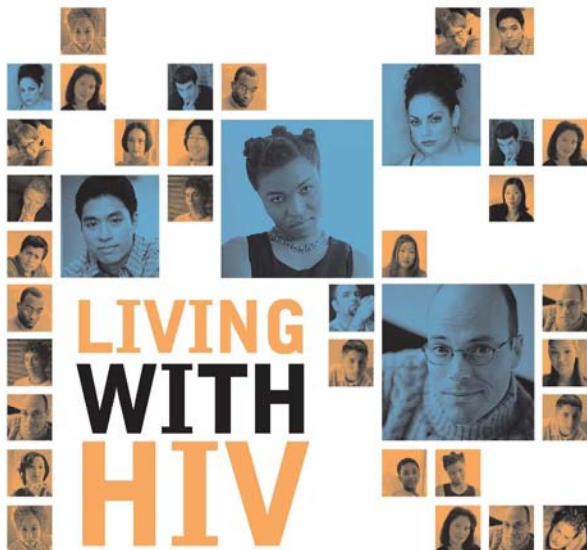
- Sunday June 17<sup>th</sup> Salute to Pride at Play on Church at 10pm
- Sunday July 22<sup>nd</sup> Celebrity Trailer Trash at Play on Church at 10pm



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# Living with HIV? Living with Meds...

## 2007 Information Sessions



## LIVING WITH MEDS

### Getting Started

- Small group, interactive learning workshops for people living with HIV/AIDS
- Five-hour session in a confidential environment
- Up-to-date information on drug treatments in easy to understand language
- Presented by Dr. David Fletcher and colleagues in collaboration with the Toronto People With AIDS Foundation
- Lunch and snack breaks included.



Call **(416) 506-1400, ext. 620**, to register.

**2007** dates available:

- Friday, September 21
- Monday, November 26

Please enquire if additional dates have been added.

## Getting Started

This beginner to intermediate interactive learning workshop is for people living with HIV who have:

- not yet started antiretroviral therapy; or
- recently started antiretroviral therapy and want to know more; or
- discontinued therapy in the past and are considering restarting.

Topics to be covered:

- ✕ Thinking about starting/re-starting drug therapy?
  - ✕ Want to learn more about HIV and how it could affect you?
  - ✕ Want to understand more about your blood work?
  - ✕ Wondering when, why and how to start treatment?
  - ✕ Looking for treatment options and ways to access them?
  - ✕ Worried about side effects? Drug interactions?
  - ✕ Interested in keys to successful treatment?
  - ✕ Looking for a smooth adjustment to life with HIV drugs?
- These HIV treatment education workshops have been developed and are presented, in easy to understand language, by Dr. David Fletcher of the Maple Leaf Medical Clinic and colleagues, in consultation with the Toronto People With AIDS Foundation and persons living with HIV/AIDS.
  - Educate yourself about HIV in a confidential, small group, interactive learning environment. Register early to get the date you want.
  - All workshops are from 10:00 a.m. to 3:00 p.m.
  - They are held at the Metro Central YMCA, 20 Grosvenor St., Toronto. Tel. (416) 975-9168. Conveniently located downtown, two blocks north of Yonge/College intersection. TTC: College subway station.
  - Registration is free. Lunch and snack breaks included.
  - Reimbursement for childcare is available on request.
  - Take-home materials are provided, including a printed copy of workshop content.

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GlaxoSmithKline in partnership with



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