



## **eBlast Update**

**Tuesday, January 08, 2008**

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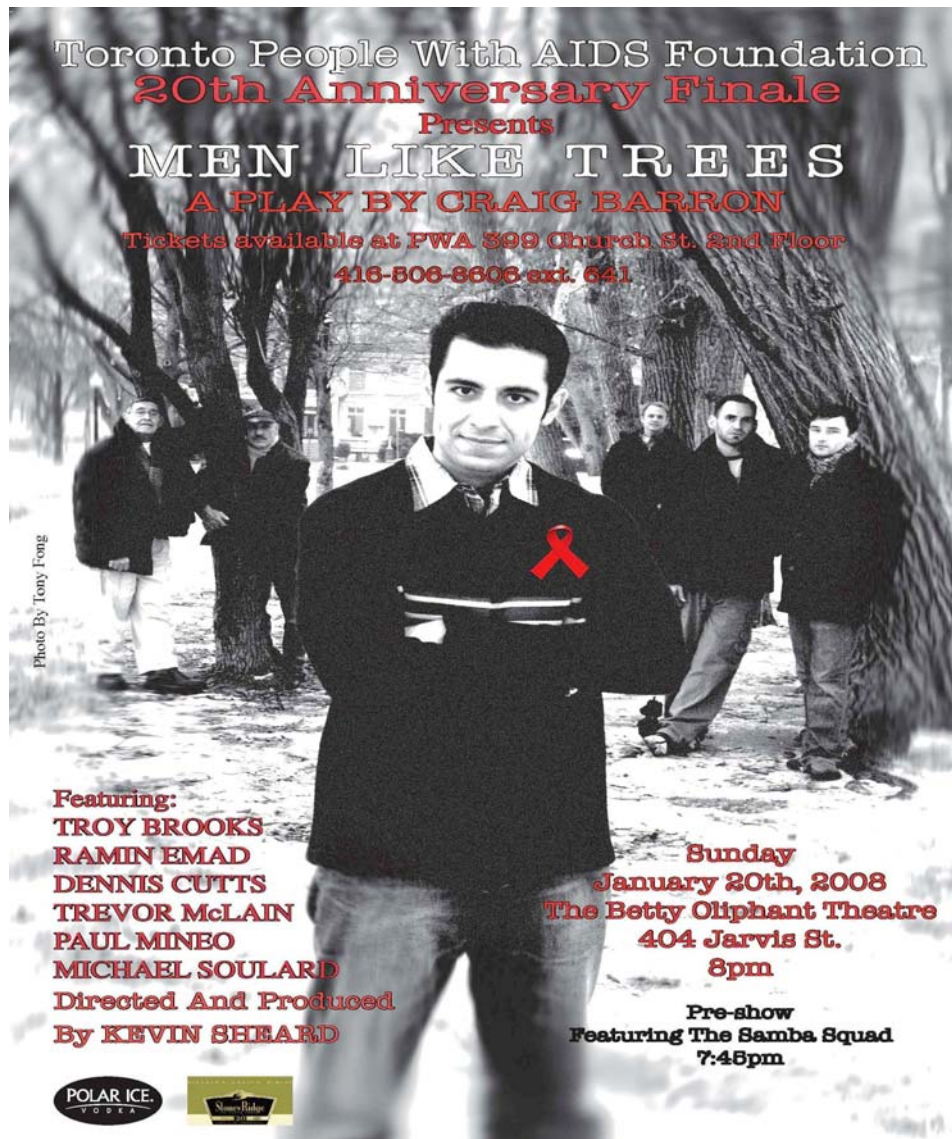
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## PWA 20<sup>th</sup> Anniversary Finale “Men Like Trees”

Join us for the Toronto People With AIDS Foundation 20<sup>th</sup> Anniversary Finale on January 20<sup>th</sup>, 2008 at 8:00pm at the Betty Oliphant Theatre, with a special pre performance with the Samba Squad at 7:45pm. Tickets are available on a pay-what-you-can basis at PWA Reception.

The event will feature a performance of the Canadian play “Men Like Trees” by Craig Barron featuring Troy Brooks, Dennis Cutts, Michael Soulard, Paul Mineo, Trevor McLain and Ramin Emad. Directed and produced by Kevin Sheard, the evening will conclude with the unveiling of PWA’s Legacy Project. An After Party will be held at the National Ballet School and is free to all performance guests.

Don’t miss this final opportunity to share and experience the rich examples of how clients, volunteers, staff, community partners and a supporting community are making a positive difference.



Toronto People With AIDS Foundation  
**20th Anniversary Finale**  
Presents  
**MEN LIKE TREES**  
A PLAY BY CRAIG BARRON  
Tickets available at PWA 399 Church St. 2nd Floor  
416-506-8606 ext. 641

Photo By Tony Fong

**Featuring:**  
TROY BROOKS  
RAMIN EMAD  
DENNIS CUTTS  
TREVOR McLAIN  
PAUL MINEO  
MICHAEL SOULARD  
Directed And Produced  
By KEVIN SHEARD

**Sunday**  
January 20th, 2008  
The Betty Oliphant Theatre  
404 Jarvis St.  
8pm

Pre-show  
Featuring The Samba Squad  
7:45pm

**POLAR ICE**  
VODKA

Shaw-Belmont  
Theatre

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## PWA Treatment Resources Program

# *Confused About Treatment?*



Understanding HIV treatment can be confusing and overwhelming.

**The Toronto People With AIDS Foundation** offers free and confidential one-on-one treatment counseling using clear, plain language information about HIV, medications, side effects and alternative therapies.

Most importantly, we are here to listen to you!

## ***We Provide Information About;***

- *HIV Medications*
- *When to start treatment*
- *Dealing with side-effects*
- *Tips for staying healthy*
- *Nutrition and supplements*
- *Alternative/Complementary Medicine*
- *Finding a Doctor*
- *Community and Health resources*

**Interpretation Services and Childcare Stipend  
Available Upon Request**

For more information contact;

**Rebecca Gower, Treatment Resources Coordinator**

416-506-1400 x 627; E-mail: [rgower@pwatoronto.org](mailto:rgower@pwatoronto.org)

In person: The Toronto People With AIDS Foundation  
399 Church Street, 2<sup>nd</sup> Floor

## Energy Healing Workshops and Treatment

The 4<sup>th</sup> Tuesday of each month in Room 220 there is an Energy Healing Workshop for clients of PWA. In the words of Speakers Bureau Programs Coordinator Greg Downer, "I've always believed that the mind has the ability to help control the body." Our emotions, especially the bad/negative ones, are connected to energy in the body. When we hold on to the negative/bad emotions they can actually translate into physical illness. The Energy Healing Workshop is led by a group of Reiki Therapists who help you to channel the energy in your body in such a way that helps to heal these old emotional wounds and to heal the body. "It is truly an amazing experience and I can not explain it other than to say it works for me." To register please sign up at the PWA reception desk or call Greg at 416-506-8606 ext. 625.

### ENERGY HEALING WORKSHOPS AND TREATMENTS



for clients of the Toronto People with AIDS  
Foundation in Rm. 220 at 399 Church St.  
4<sup>th</sup> Tuesday of each month.

**Next session: Tues. Jan. 29<sup>th</sup> @ noon**

Please note that doors will close at 12pm, if you are late you can reschedule for the following month.

This workshop will be provided on a monthly basis, there will be 7 Reiki therapists working with a group of 20 people. Our intent and purpose is to teach the grounding techniques that empower us to heal ourselves. We would also like to share hands on energy healing treatments with you. Throughout the treatment you will be clothed, hands will rest in various places of the body; however there is no pressure, manipulation or massaging involved. Session ends 2:30p.m.

- learn how to clear mental, emotional and physical blocks/traumas by working with energy
  - feel what it's like to experience your true self
  - experience the power of group healing

**For more information about what energy healing is visit [www.shiatsubysheer.com](http://www.shiatsubysheer.com). Please do not call Sher for information about booking a workshop.**

**If interested in attending please sign up at PWA reception. Or call 416 506-8606 ext. #625 and leave your name and phone number and someone will contact you to confirm your booking. You may attend on an ongoing monthly basis.**

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## PWA Theatre Access Program

60% of people living with HIV/AIDS in Canada live in poverty and social isolation. The Theatre Access Program exists to find free opportunities for our over 5000+ clients to engage in the many social, cultural and recreational activities that they otherwise simply could not afford. If you, or someone you know, is in a position to donate tickets to PWA please contact Greg Downer at 416-506-8606 ext. 625 or via email at [programs@pwatoronto.org](mailto:programs@pwatoronto.org).

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## The Imperial Court of Toronto (TICOT)

**TICOT Events:** (please visit [www.theimperialcourtoftoronto.com](http://www.theimperialcourtoftoronto.com))



Since 1987, under the leadership of 31 elected Monarchs, The Imperial Court of Toronto has entertained thousands, held many successful events and raised money for a number of local charities.

The Toronto People With AIDS Foundation is the beneficiary for 2007/2008.

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## Gay Guide Toronto



Support PWA through GAY GUIDE TORONTO Win-Win Membership Drive. As part of GGT's 5<sup>th</sup> Anniversary celebrations, GAY GUIDE TORONTO.COM is spearheading a program with PWA as beneficiary. For every new membership in 2007, GGT will donate \$1 and Steamworks is matching it! For full details please visit <http://www.gayguidetoronto.com/5/simp.php?p=intro> and help support the programs and services for people in our community living with HIV/AIDS.

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## Upcoming Events

1. [PWA 20<sup>th</sup> Anniversary Speaker Series – Making a Positive Difference](#) - January 10<sup>th</sup>
2. [PWA 20<sup>th</sup> Anniversary Finale “Men Like Trees”](#) – January 20<sup>th</sup>

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## Help us make a positive difference



I'd like to help people living with HIV or AIDS.

I'm making a:  one time gift  monthly gift

Please find enclosed my gift of:

\$50  \$35  \$20 Other: \$

I'd like to pay by:  cash  cheque  credit card

Credit Card information:  VISA  M/C  AMEX

Card #:

Expiry:

Signature:

First Name  Last Name

Address

City  Province

Postal Code  Phone

email

Gifts of \$15 or more will receive a charitable tax receipt.

Toronto People With AIDS Foundation  
399 Church Street, 2nd Floor, Toronto, ON M5B 2J6  
Tel: 416-506-1400 Fax: 416-506-1404 info@pwatoronto.org www.pwatoronto.org  
Charitable Registration #: 13111 3151 RR0001

Donate online at [www.pwatoronto.org](http://www.pwatoronto.org)



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