



Eblast Update

Wednesday, December 05, 2007

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PWA Holiday Office Hours

Closed Tuesday December 25th

Closed Wednesday December 26th

Open Thursday December 27th 10am – 6pm

Open Friday December 28th 9am -5pm

Open Monday December 31st 10am – 6pm

Closed Tuesday January 1st

Regular office hours will resume Wednesday January 2nd, 2008

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PWA 20th Anniversary Finale

Honouring 20 years of Making a Positive Difference has been a humbling, moving and inspiring experience. Please join us for the Toronto People With AIDS Foundation 20th Anniversary Finale on January 20th at the Betty Oliphant Theatre at 8:00pm. The event will feature a performance of the Canadian play "Men Like Trees" by Craig Barron featuring Troy Brooks, Dennis Cutts, Michael Soulard, Paul Mineo, Hugo Vasquez, and Ramin Emad. Directed and produced by Kevin Sheard, the evening will conclude with the unveiling of PWA's Legacy Project. An After Party will be held at the National Ballet School and is free to all performance guests. Watch for more details including a pre-event performance in the planning.

Tickets will be available on a pay what you can first come first serve basis with a suggested donation of \$20.00. Tickets can be obtained after January 10th at the PWA office reception.

Don't miss this final opportunity to share and experience the rich examples of how clients, volunteers, staff, community partners and a supporting community are making a positive difference.

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Holiday Bag

This year's Holiday Bag (formally known as THE BIG RED BAG) will be distributed to clients of PWA on December 8th and 9th from 12 – 4pm at the College Francais at 100 Carlton Street. The bags will include such items as body lotion, hair products, food products and clothing apparel just to name a few items. Clients do not have to pre-register for the bags; however, it is on a first come first serve basis. Hot beverages and treats will be served to keep all warm on a cold December day. To receive a bag, people must be registered clients of PWA, live in Toronto and have a postal code that starts with **M**.

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Holiday Dinner & Show

The Holiday Dinner & Show is scheduled for December 17th at 5:30pm at Buddies in Bad Times Theatre. The evening includes a reception, a light sit down dinner and an entertainment show with a surprise guest host and many surprise performers. This event is for all PWA clients & volunteers and it is first come first serve. There will be no cost and no pre-registration for this event.

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PWA Theatre Access Program

60% of people living with HIV/AIDS in Canada live in poverty and social isolation. The Theatre Access Program exists to find free opportunities for our over 5000+ clients to engage in the many social, cultural and recreational activities that they otherwise simply could not afford. If you, or someone you know, is in a position to donate tickets to PWA please contact Greg Downer at 416-506-8606 ext. 625 or via email at programs@pwatoronto.org.

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PWA Children's Gift Certificates Program



Children's Gift Certificates Program

Sign-up Starts November 20th!

Who is Eligible?

Every child of PWA clients can receive a \$40 gift certificate. To be eligible, each child:

- Must be under the age of 18;
- Must have proper verification of date of birth and parents' custody on file
- Must live in Toronto and have a postal code that starts with M;
- Does **not** have to be HIV positive.

How to sign-up:

- Starting November 20, 2007 and continuing through December, contact your Case Manager to request a gift certificate for each child;
- All requests received by Friday at noon will be ready for pick-up at PWA the following Wednesday after 2pm.

Questions?

- If you have any questions, please ask your Case Manager.

Thank you and Happy Holidays!



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Energy Healing Workshops and Treatment

The 4th Tuesday of each month in Room 220 there is an Energy Healing Workshop for clients of PWA. In the words of Speakers Bureau Programs Coordinator Greg Downer, "I've always believed that the mind has the ability to help control the body." Our emotions, especially the bad/negative ones, are connected to energy in the body. When we hold on to the negative/bad emotions they can actually translate into physical illness. The Energy Healing Workshop is led by a group of Reiki Therapists who help you to channel the energy in your body in such a way that helps to heal these old emotional wounds and to heal the body. "It is truly an amazing experience and I can not explain it other than to say it works for me." To register please sign up at the PWA reception desk or call Greg at 416-506-8606 ext. 625.

ENERGY HEALING WORKSHOPS AND TREATMENTS



for clients of the Toronto People with AIDS
Foundation in Rm. 220 at 399 Church St.
4th Tuesday of each month.

Next session: Tues. Dec. 18th @ noon

Please note that doors will close at 12pm, if you are late you can reschedule for the following month.

This workshop will be provided on a monthly basis, there will be 7 Reiki therapists working with a group of 20 people. Our intent and purpose is to teach the grounding techniques that empower us to heal ourselves. We would also like to share hands on energy healing treatments with you. Throughout the treatment you will be clothed, hands will rest in various places of the body; however there is no pressure, manipulation or massaging involved. Session ends 2:30p.m.

- learn how to clear mental, emotional and physical blocks/traumas by working with energy
 - feel what it's like to experience your true self
 - experience the power of group healing

For more information about what energy healing is visit www.shiatsubysheer.com. Please do not call Sher for information about booking a workshop.

If interested in attending please sign up at PWA reception. Or call 416 506-8606 ext. #625 and leave your name and phone number and someone will contact you to confirm your booking. You may attend on an ongoing monthly basis.

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103.9 PROUD FM Joy Drive

The Pride of Toronto
PROUD FM
103.9
www.proudfm.com

103.9 PROUD FM JOY DRIVE!

**JOIN PROUD FM AND HELP
THE TORONTO PEOPLE WITH AIDS
FOUNDATION**

THIS HOLIDAY SEASON BY
**Making a non-perishable food
donation to our food drive**

Please visit one of the drop off locations listed
below between Dec 3rd and Dec 21st.

**ITEMS - MILK POWDER
NEEDED - PEANUT BUTTER
MOST: - ENSURE/BOOST SUPPLEMENTS
- JUICE
- CANNED VEGETABLES or FRUIT
- SOUPS - STEWS
- PET FOOD and BULK ITEMS**

Cash donations are welcome!

Drop off locations to date:

ON WELLESLEY ST. E.: The Wine Rack • Letteri • TD Bank
ON CHURCH ST.: Fab • Zelda's • O'Grady's • Pegasus
• Xtra • The Churchmouse & Firkin • Woody's
• American Apparel • Church St. Diner • PROUD FM
• Timothy's • The Black Eagle
ON DANFORTH: The Auld Spot • Sun Valley Foods
• Blue Cross Animal Hospital • The Carrot Common
Noah's on **Yonge St.** • Whole Foods on **Avenue Road**
Good Life Fitness on **Park Road** • Yonge St. Fitness on **Yonge**
Sarah Sheard Therapy on **Howland**

FOR INFORMATION CONTACT TROY AT 416.506.8606, x641,
TBROOKS@PWATORONTO.ORG

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The Imperial Court of Toronto (TICOT)

TICOT Events: (please visit www.theimperialcourtoftoronto.com)



Since 1987, under the leadership of 31 elected Monarchs, The Imperial Court of Toronto has entertained thousands, held many successful events and raised money for a number of local charities.

The Toronto People With AIDS Foundation is the beneficiary for 2007/2008.

- **December 9th** TICOT Holiday Show at Woody's on Church from 9 -11pm
- **December 15th** TICOT Holiday Show at Pinocchio on Yonge from 9 -11pm

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Gay Guide Toronto



Support PWA through GAY GUIDE TORONTO Win-Win Membership Drive. As part of GGT's 5th Anniversary celebrations, GAY GUIDE TORONTO.COM is spearheading a program with PWA as beneficiary. For every new membership in 2007, GGT will donate \$1 and Steamworks is matching it! For full details please visit <http://www.gayguidetoronto.com/5/simp.php?p=intro> and help support the programs and services for people in our community living with HIV/AIDS.

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Upcoming Events

1. [PWA 20th Anniversary Speaker Series – Making a Positive Difference](#) - January 10th
2. [PWA 20th Anniversary Finale](#) – January 20th

Help us make a positive difference



I'd like to help people living with HIV or AIDS.

I'm making a: one time gift monthly gift

Please find enclosed my gift of:

\$50 \$35 \$20 Other: \$

I'd like to pay by: cash cheque credit card

Credit Card information: VISA M/C AMEX

Card #:

Expiry:

Signature:

First Name Last Name

Address

City Province

Postal Code Phone

email

Gifts of \$15 or more will receive a charitable tax receipt.

Toronto People With AIDS Foundation
399 Church Street, 2nd Floor, Toronto, ON M5B 2J6
Tel.: 416-506-1400 Fax: 416-506-1404 info@pwatoronto.org www.pwatoronto.org
Charitable Registration #: 13111 3151 RR0001



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