

Volunteer

Volunteers are a critical part of the work we do. For information on volunteering with us, see our volunteer brochure or email volunteer@pwatoronto.org, call **416-506-1400**, or visit our website: www.pwatoronto.org.

Donate

We need your help to continue offering programs and services to people living with HIV/AIDS in the Greater Toronto Area. To offer your support, please email donate@pwatoronto.org, call **416-506-1400**, or visit our website: www.pwatoronto.org.

Mission

PWA exists to promote the health and well-being of all people living with HIV/AIDS by providing accessible, direct, and practical support services.

Join us

Becoming a Client

The first step to becoming a PWA client involves an Intake appointment. During Intake, you'll meet with a volunteer, register your personal information, learn about our services and be assigned to a case manager. Please call us at 416-506-1400 to book an Intake appointment.

Becoming a Member

Toronto People With AIDS Foundation members are different than clients. Members are people from the community who vote on issues of governance. They elect the Board of Directors and have the power to call a Special Meeting of Members on important items of business. You don't have to be living with HIV/AIDS to become a member. For more information or to register as a member, please get in touch with us.

**"PWA saved my life
and gave me the
courage to live."**
—Client and volunteer



Pwa

Contact us

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Charitable Registration #: 13111 3151 RR0001



Making a positive difference
in the lives of people living with HIV/AIDS.

What we're all about

The Toronto People With AIDS Foundation was created in 1987 by a group of concerned community members. At the time, there were many organizations that focused on the prevention of HIV, but none focused exclusively on helping those living with HIV/AIDS. They started the Toronto People With AIDS Foundation with one clear goal: to provide the means necessary for people living with HIV/AIDS to continue living independently and with dignity.

The Toronto People With AIDS Foundation is now the largest direct support service provider for people living with HIV/AIDS in Canada, serving over 7000 people since we began. We're a non-profit charity that helps people with HIV/AIDS through a variety of programs and support services. We're dedicated to helping HIV positive men, transmen, transwomen and women and children, wealthy or poor, from any ethnic background and from all walks of life.

Programs & Support Services

Income Support

Our Income Support programs help people living with HIV/AIDS who are dealing with financial instability or transition as a result of living with HIV/AIDS. These programs include:

- Benefits and financial counselling
- Financial assistance for uninsured medical costs
- Return to work consultations
- Advocacy to government assistance programs
- Income tax clinic
- Referrals and basic needs counselling

Treatment Programs

Treatment Access: The Treatment Access program helps people gain access to HIV medications, drug coverage and HIV specialists, as well as information about medical marijuana and how to acquire it.

Treatment Resources: People living with HIV/AIDS

can get important information on the treatments and resources available. We produce booklets, conduct workshops, hold public forums and provide confidential consultation about treatment options. POZ Prevention: Programs aim to empower individuals, promote health relations with sexual partners and improve conditions to strengthen the sexual health and well-being of HIV positive individuals and reduce the possibility of new HIV infections and other sexually transmitted infections.

Food Programs

Recognizing that nutrition is a key component to long-term survival for people living with HIV/AIDS, the Toronto People With AIDS Foundation provides critical food programs to support access to nutrition and sustenance.

Food Bank: People living with HIV/AIDS can get staple food items as well as pet food and supplies. We do our best to cater to special needs, Family Boxes, baby items and special diets based on availability.

Food for Life Meal Delivery Program:

Healthy meals are delivered to people living with HIV/AIDS who are unable to get the nutritional support they need to maintain or improve their health.

Health Promotion

We provide a large variety of free health promotion services that promote the physical, social and emotional well-being of our clients such as complementary therapies, vitamins and more. In addition, our Social programming helps people to connect and network as an important aspect of dealing with the isolation that often is experienced by clients. We also offer harm reduction referrals and supplies, such as condoms, needles and crack kits to promote health and reduce harm associated with sexual health and substance use.

The Community PHA Naturopathic Clinic is operated as a collaborative program of the AIDS Committee of Toronto, the Canadian College of Naturopathic Medicine, Sherbourne Health Centre and the Toronto People With AIDS Foundation.



Speakers Bureau

The Toronto People With AIDS Foundation formed the Speakers Bureau to educate the public on the realities of living with HIV/AIDS. Trained speakers living with HIV/AIDS share their own personal experiences at public schools, colleges, universities, health centres, businesses, correctional facilities and more. Through our stories, we hope to reduce stigma and affect transmission rates by impacting behaviours which can lead to HIV transmission.

Our team of speakers represents Toronto's diverse HIV positive community. They are gay, straight, young, old, trans, male, female and from different ethnic backgrounds. By putting a face to HIV and AIDS, we hope to correct the misconceptions and stigmas associated with the disease.