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Looking ahead to
June...

Spearheads is hosting
Cavalcade of Stars at
Play on June 5th in
support of PWA.

Featuring some of the
best performers in the
Village 8-11pm hosted
by Robert Jeyes and
David Kloss.

for more information
www.spearheadtoronto.com

Are YOU going to CLIMAX???

Hello friends,

The feature of this E-news edition is **CLIMAX**, PWA's May event. CLIMAX promises an evening of celebrated Canadian music talent and a curated silent auction of fine art for PWA's fundraising efforts.

Live performances by **Molly Johnson and Tracy Gallant** and art from such emerging and established Canadian artists like **Kent Monkman, Andrew Morrow and Robyn Cumming** are sure to leave you begging for more.

Please see below for ALL THE DETAILS!!! You will notice a new feature has been added to this email that enables you to forward content to friends. **Take advantage and invite your friends to CLIMAX by clicking on the 'Forward to a Friend' button.**

If you have any questions, suggestions or comments please contact us at donate@pwatoronto.org or at 416-506-1400 ext. 239.



PROUD FM and PWA are excited to present CLIMAX (Canadian Live Intimate Music and Art Experience) on Thursday May 27 at Royal Theatre, 608 College St.

The evening includes a VIP Cocktail reception, curated silent auction with established and emerging Canadian artists, live performances by Molly Johnson and Tracy Gallant as well as an on-site after party.

Purchase your tickets now at: [CLIMAX Tickets](#) (because tickets are selling fast!)

VIP Admission at \$100 includes preferred seating and a VIP cocktail reception. General Admission is \$50.

To pre-view the fantastic art available visit [CLIMAX artists, by clicking here](#). Artists include: **Kent Monkman, Andrew Morrow, Robyn Cumming, Sarah Slean, David Brown and Christopher Hayes.**



For tickets or inquiries, please call 416-506-1400 ext. 239.

UPCOMING CLINICS - Health Promotion

PWA has partnered with the Shiatsu School of Canada Inc. www.shiatsucanada.com to provide a group of PWA clients with 7 weeks of on-going shiatsu treatment at their location at 547 College Street. The school will be running a course for their students focusing specifically on treating HIV+ clientele. The practical component of that course is what has allowed us to provide more treatment options to our clients with a total of 49 treatments being provided during the duration of the course.

PWA has also developed an incredible relationship with the Institute of Traditional Medicine (ITM) www.instituteoftraditionalmedicine.com at 553 Queen Street West, which provides professional training in

Acupuncture among other health treatments. PWA has been running a highly successful Acupuncture clinic in our office on a weekly basis since last September with ITM and we are seeing remarkable health outcomes for our clients. As a result, PWA is working with ITM again to implement a second weekly clinic. This will ensure a much more sustainable treatment continuum for clients who participate in the program. Since September of 2009, PWA has been able to facilitate more than 600 individual acupuncture treatments for clients.

Both of these professional schools offer inexpensive high quality treatments to the community at large as well so if you are looking for wellness options or just want to experience the kinds of services we are working hard to make available to our clients, you may want to get in touch yourself to book appointments in their professional clinics.

 Forward to a Friend

www.instituteoftraditionalmedicine.com or 416-537-0928

www.shiatsucanada.com or 416-323-1818



Bike Rally EXPO

Sunday, May 2, 12:00 to 5:00 p.m.

Sheraton Centre Toronto Hotel, 123 Queen Street W,
Sheraton Hall E & F

For the first time, the Friends For Life Bike Rally is pleased to offer a one day Bike Rally Expo, with all seminars held one day at one fantastic location! Come and experience the following seminars:

FUNDRAISING

FLAT FIX

BIKE FITTING

NUTRITION

BIKE RALLY READY

PWA INFORMATION

On top of all the training and preparation we all need to do, getting your bike in top form for the ride to **Montreal** can be an expensive process. Knowing that many returning and/or experienced riders have a closet full of cycling gear no longer in use, we have come up with a novel approach to help new riders save money and raise some money for PWA and the Bike Rally at the same time. In an effort to assist the new riders with the task of getting geared up for the ride we are having an equipment donation and sale. If you have any bike related wear (jerseys, shorts, gloves) or gear (helmets, water bottles, bike pumps, repair kits) you are not using or looking to get rid of please drop it off at the PWA Office (200 Gerrard Street East, 2nd Floor). All the items collected will be available for purchase at a reduced rate at the Bike Rally Expo taking place on May 2nd at the Sheraton Centre Hotel. Register for the Expo by sending an e-mail to seminars@bikerally.org.

All proceeds from the equipment donation sale are donated to the Friends For Life Bike Rally.

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