

# FROZEN MEAL PROGRAM



AGENCY: \_\_\_\_\_

FOR DELIVERY WEEK: \_\_\_\_\_

NAME: \_\_\_\_\_

## Route

(Agency Use Only)

### BEEF

- 12008\_\_ Beef Stew ★■
- 12030\_\_ Beef Stroganoff ★
- 12009\_\_ Breaded Veal Cutlet ★
- 12046\_\_ Chopped Swiss Steak ★●
- 12005\_\_ Macaroni Meat Casserole ★●
- 12062\_\_ Meatloaf in M'room Gravy ★■
- 12017\_\_ Salisbury Steak ★
- 12006\_\_ Shepherd's Pie ★●
- 12010\_\_ Traditional Pot Roast ★●
- 12082\_\_ Steak & Mushroom Pie ◆★
- 12024\_\_ Spaghetti & Meatballs ★
- 12087\_\_ Liver & Onions ★
- 12092\_\_ Meat Lasagna ★

### POULTRY

- 12057\_\_ Breaded Chicken Breast ★
- 12002\_\_ Breaded Chicken Nuggets ★
- 12011\_\_ Chicken Pot Pie ◆★
- 12001\_\_ Chicken à la King ★●
- 12032\_\_ Country Chicken ★■●
- 12014\_\_ Sweet & Sour Chicken ★■●
- 12007\_\_ Turkey with Stuffing ★■●
- 12076\_\_ Turkey Casserole ★●
- 12078\_\_ Chicken Cacciatore ★■●
- 12088\_\_ Chicken Souvlaki ★■●
- 12090\_\_ Roast Chicken ★●

### FISH

- 12013\_\_ Fish & Chips ★
- 12003\_\_ Fish Florentine ★●
- 12031\_\_ Lemon Herb Fish ★
- 12063\_\_ Salmon in Lemon Sauce ★■●
- 12012\_\_ Creamed Salmon ★

### CHEESE

- 12021\_\_ Vegetable Lasagna ★
- 12079\_\_ Macaroni & Cheese ★

### PORK

- 12004\_\_ Apple Braised Pork ★■
- 12015\_\_ Ham in Maple Sauce ★
- 12075\_\_ Hawaiian Pork ★■●
- 12020\_\_ Pork with Stuffing ★●
- 12105\_\_ Sausage & Waffles ★
- 12073\_\_ Tourtiere Meat Pie ★
- 12080\_\_ Bangers & Mash ★
- 12081\_\_ Cheese Omelet ★
- 12089\_\_ BBQ Rib Style Pork Cutlet ★
- 12091\_\_ Seasoned Pork Loin with Gravy ★●

### VEGETARIAN

- 10004\_\_ Vegetarian Chili ★■
- 10005\_\_ Vegetarian Curry ★●
- 10006\_\_ Vegetarian Dhal ★■
- 10007\_\_ Vegetarian Pasta Primavera ★■
- 10008\_\_ Vegetarian Shepherd's Pie ★■
- 10009\_\_ Vegetarian Stew ★■●
- 10010\_\_ Vegetarian Tofu Oriental ★

### CHINESE

- 12067\_\_ Pineapple Chicken ★
- 12068\_\_ Ginger Chicken ★
- 12069\_\_ Chicken with Water Chestnuts ★
- 12071\_\_ Pork Chow Mein ★■

*To order Special Diet, Puree, and Minced meals, please contact your local community meals agency for an order form.*

### SOUPS

- 93001\_\_ Beef Barley ★■
- 93002\_\_ Cream of Carrot ★
- 93005\_\_ Chicken Noodle ★■
- 93006\_\_ Minestrone ★■
- 93008\_\_ Country Vegetable ★■
- 93009\_\_ Leek & Potato ★■
- 93010\_\_ Cream of Broccoli ★
- 93011\_\_ Chicken Vegetable ★
- 93016\_\_ Harvest Vegetable ★■
- 93041\_\_ Tomato Cream ★
- 93044\_\_ Vegetable Beef ★
- 93049\_\_ Chicken Supreme ★
- 93003\_\_ Cauliflower Cheddar ★
- 93021\_\_ Chicken Rice ★■
- 93042\_\_ Green Pea ★■●
- 93018\_\_ Mushroom ★
- 93060\_\_ French Onion ★
- 93061\_\_ Tomato Beef ★
- 93063\_\_ Squash ★
- 93062\_\_ Tomato Rice ★■

### BREAKFAST SNACKS

*Choose 1 juice + 1 starch*

- 07077\_\_ Apple Juice ★■●
- 07078\_\_ Orange Juice ★■●
- 08003\_\_ Carrot Muffin
- 08004\_\_ Raisin Bran Muffin
- 94000\_\_ Cream of Wheat Cereal ■●
- 94001\_\_ Oatmeal Cereal ■●
- 08007\_\_ Pancakes with Syrup

### DESSERTS

- 14003\_\_ Oatmeal Date
- 14007\_\_ Tripleberry Crumble
- 14008\_\_ Butter Tart
- 14009\_\_ Carrot Cake
- 14018\_\_ Strawberry Shortcake
- 14019\_\_ Pecan Streusel
- 14020\_\_ Chocolate Fudge Cake
- 14022\_\_ Vanilla Pudding (2) ●
- 14045\_\_ Cherry Cheesecake
- 14054\_\_ Black Forest Mousse ●
- 14059\_\_ Maple Chocolate Mania
- 14057\_\_ Lemonburst Macaroon
- 14058\_\_ Banana Cake
- 14056\_\_ Lemon Tart
- 09051\_\_ Tangerine Mousse ●
- 14075\_\_ Mini Cinnamon Rolls
- 14066\_\_ Mini Brownies
- 14070\_\_ Mini Chocolate Chip Cookies
- 14067\_\_ Chocolate Chunk Brownie
- 14071\_\_ Chocolate Macaroon Cookies ●
- 14011\_\_ Apple Crisp ★●
- 14012\_\_ Peach Cobbler ★
- 14013\_\_ Rice Pudding ★■●
- 14014\_\_ Cherry Cobbler ★
- 14016\_\_ Fruit Cocktail ★■●
- 14047\_\_ Blueberry Crisp ★●
- 14048\_\_ Strawberry Rhubarb Crisp ★●
- 14055\_\_ Orange Delight ★●
- 09011\_\_ Chocolate Mousse ★
- 09021\_\_ Strawberry Mousse ★●
- 09041\_\_ Tangerine Mousse ★●